

Governors State University

Student Affairs and Enrollment Management: Reaching Vision 2020

Focus Area: **Student Wellbeing**

Leader(s): Kelly McCarthy

Implementation Year: 2016 - 2017

Goal 2: Promote a residential community focused on personal health and emotional strength strategies in order to develop sustainable practices that enhance personal wellbeing.

Objective 1:	Create and conduct counseling and/or mental health outreach programs for the GSU community, including Prairie Place residents.
Action Items	<ul style="list-style-type: none"> • Place online form on Counseling Center website requesting outreach programs and inform Prairie Place residents via email about online request form; • Distribute survey to GSU community and Prairie Place residents to identify counseling/mental health outreach needs; • Outreach program presenter(s) will distribute an evaluation form after each session/program
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	<ul style="list-style-type: none"> • Number and variety of programs offered throughout the academic year; • Results of survey to GSU community and Prairie Place residents • Number and results of evaluations from each session/program
Responsible Person and/or Unit (Data collection, analysis reporting)	Emily Petkus, Clinical Mental Health Counselor Counseling Interns
Milestones (Identify Timelines)	Evaluation forms after each outreach session/program; one time survey to GSU community, including Prairie Place residents
Desired Outcomes and Achievements (Identify results expected)	75% of students that attend counseling outreach programs will identify at least one skill or concept learned that will help improve their academic or emotional experience at GSU; will receive 10 online forms requesting outreach programs and 3% of GSU community and Prairie Place residents will respond to survey.

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Objective 2:	Coordinate sexual violence prevention awareness and educational programs in the residence hall.
Action Items	<ul style="list-style-type: none">• Develop programs/workshops, one each semester specifically on Bystander Intervention• Schedule programs in Prairie Place• Assess effectiveness of programs
Indicators and Data Needed (Measures that will appraise progress towards the strategic objective)	Number of programs, attendees and responses on evaluations
Responsible Person and/or Unit (Data collection, analysis reporting)	ASAP team and counseling interns
Milestones (Identify Timelines)	Once each semester
Desired Outcomes and Achievements (Identify results expected)	All residence hall participants in attendance at events will be able to identify internal and external (YWCA partner) resources for victims of sexual violence.